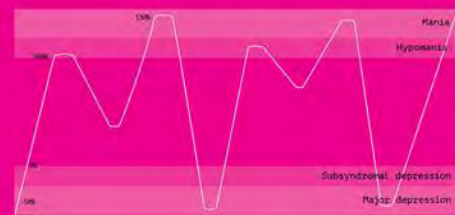




Flights of The Mind



BODY

5 sleepless nights
40 incongruous manic ramblings

THOUGHTS

5 death threatening reactions
11 grandiose plans
14 intellectual property paranoias

EMOTION

3 instances of falling in love
10 aggressive accusations

BEHAVIOR

42 tweets
5 strangers met
2,730 pictures taken
9 buroughs explored
6 frantic facebook posts
50 journal entries
4 homeless nights

564 texts sent
32 vines

7 days
168 hrs
10080 min

Flights of The Mind



BODY

9 nights of deep sleep
9 days of insurmountable energy

EMOTION

44 aggressive accusations
9 tearful episodes
13 guilt ridden instances

BEHAVIOR

4 new best friends made
3 masterpieces drawn
0 tweets
5 strangers met
0 pictures taken
0 buroughs explored
0 frantic facebook posts
50 journal entries
0 homeless nights

9 days
216 hrs
12960 min

THOUGHTS

10 death threatening reactions
230 existential awakenings
22 possible explanations
45 manic journal entries (legible)
5 manic journal entries (illegible)

Flights of The Mind



BODY

30 days in bed

EMOTION

30 days of indifference
0 tearful episodes
0 guilt ridden instances

BEHAVIOR

0 new best friends made
3 installations made
0 tweets
0 strangers met
3,068 pictures taken
0 buroughs explored
0 frantic facebook posts
47 journal entries
0 homeless nights

30 days
720 hrs
43200 min

THOUGHTS

0 death threatening reactions
3 existential awakenings
2 possible explanations
0 manic journal entries (legible)
0 manic journal entries (illegible)

451 notes app entries

September 23, 2014

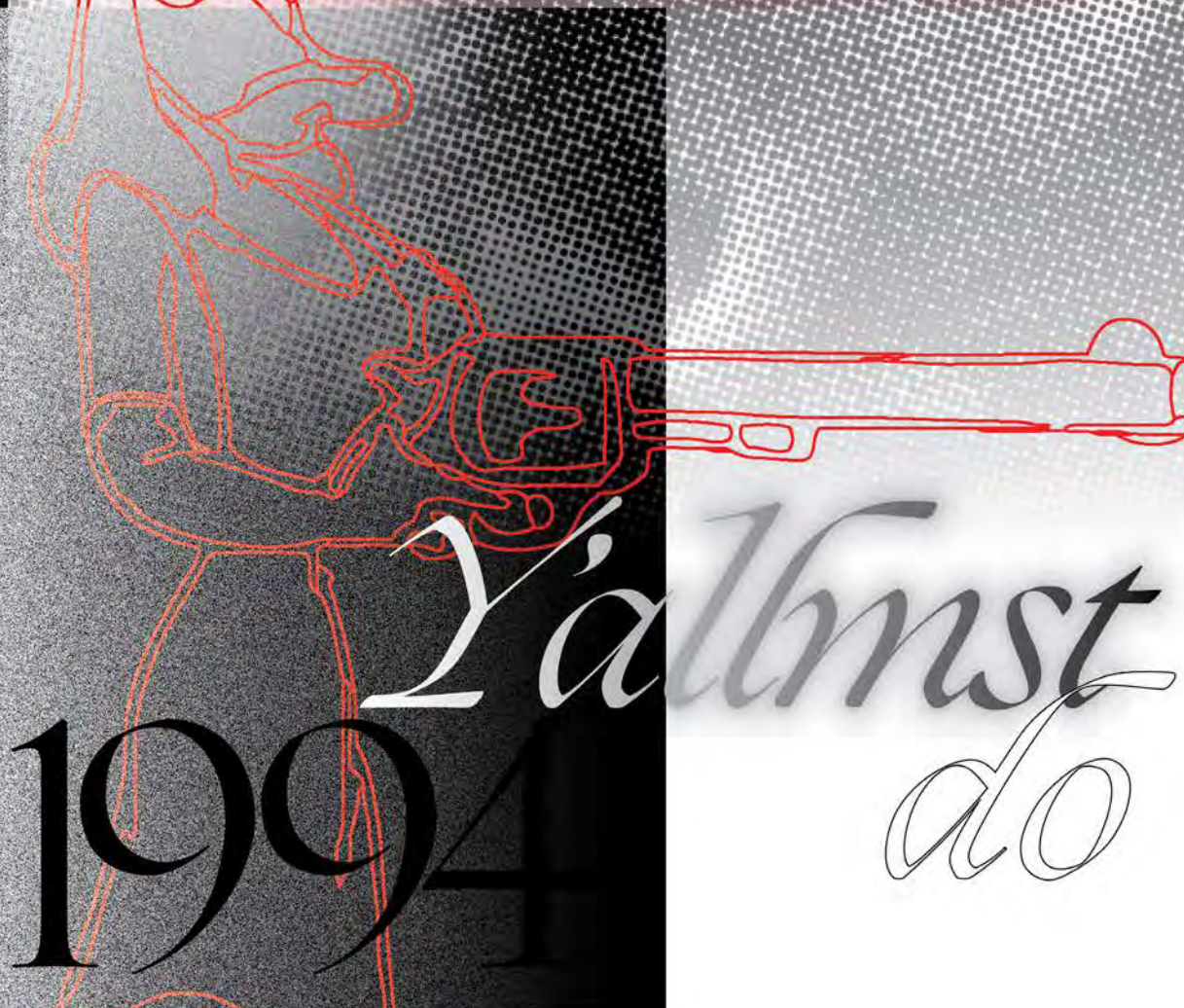
Time	Group	Leaders
9:00	Check In	Maribeth, Willy,
9:45	Talk Group	Rich
10:45	Family Issues	Rich
11:30	Lunch	Willy
12:15	Health and Balance	Willy
1:15	Emotion Regulation	Maribeth
2:15	Relapse Prevention Skills / Wrap Up	Rich

THIS IS YOUR LIFE

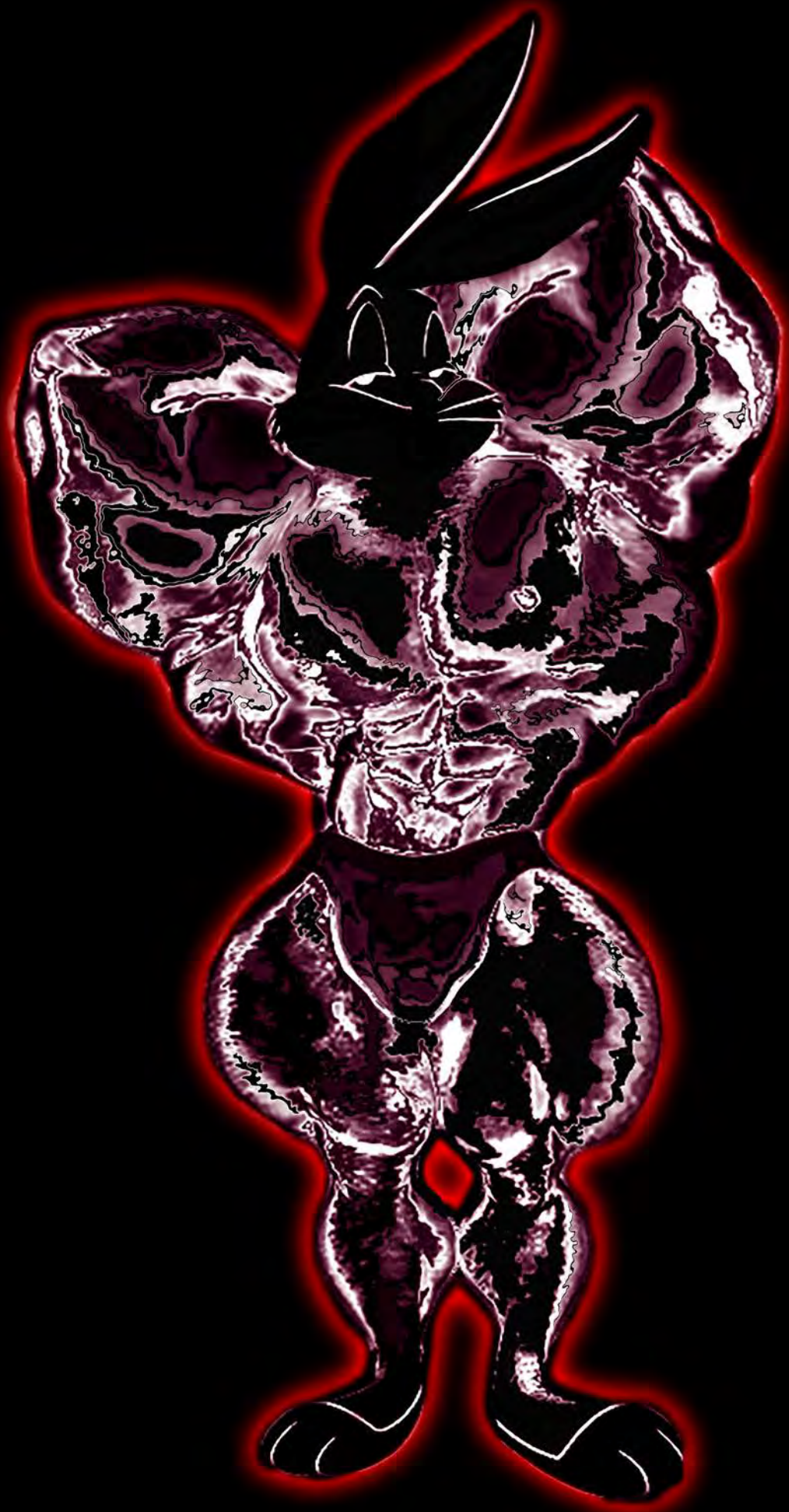
WORKSHEET



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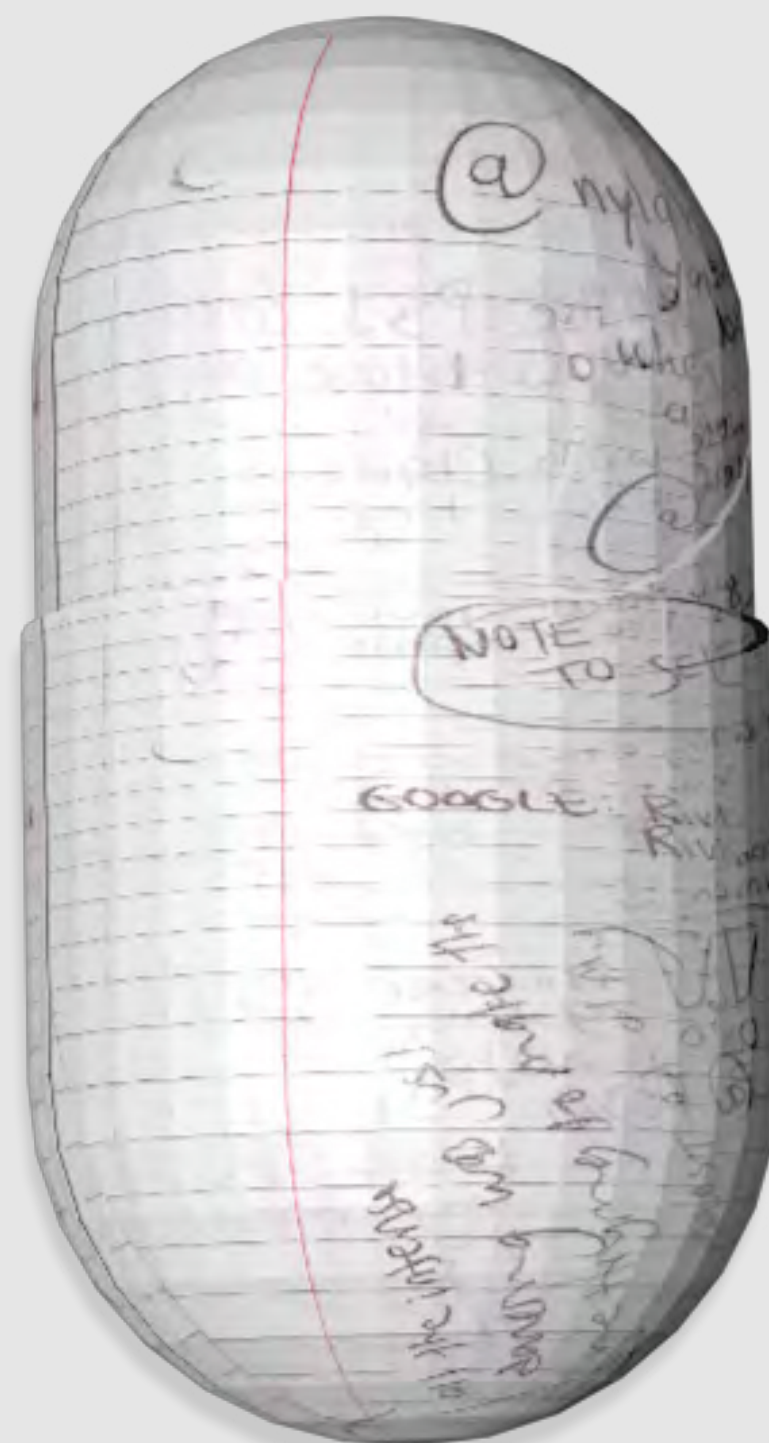




COTAFARDA

ALL SERVICE PHARMACY





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my clique!!

Clair's friend,
not an
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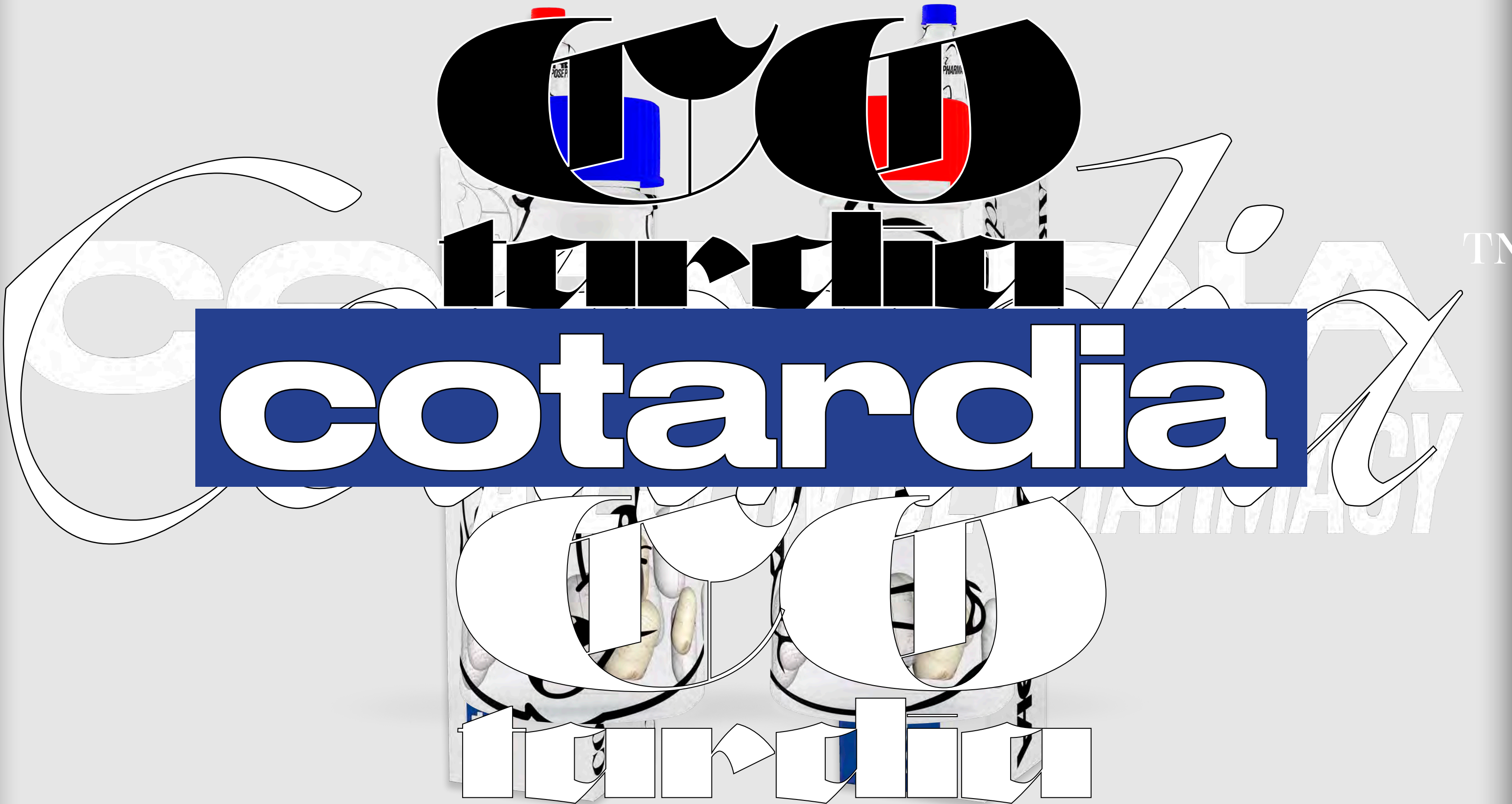


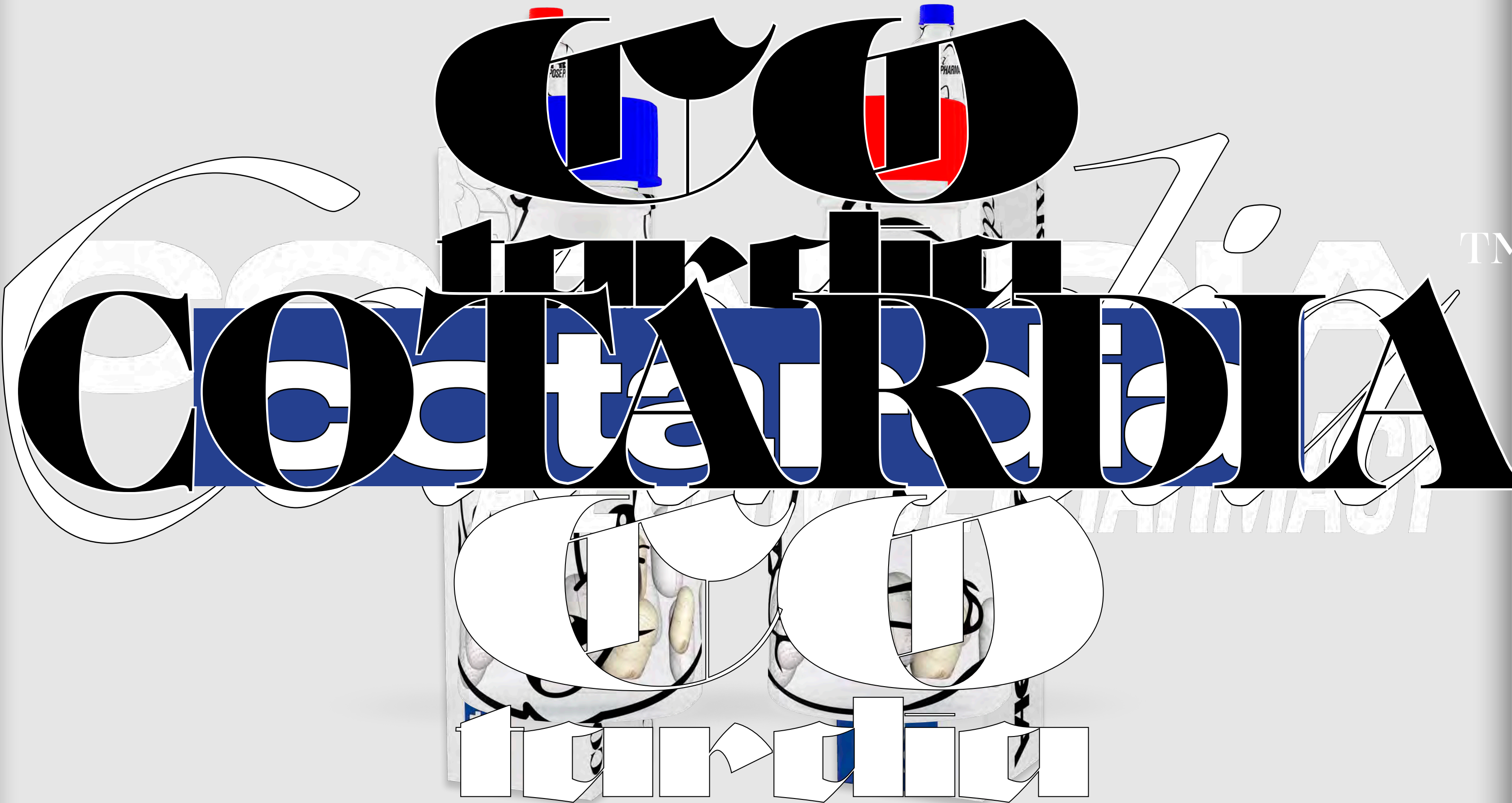












COTARDA

